

THE WHITE
KITCHEN COMPANY

Issue #1 | 2019

MAGAZINE

Kitchens & Bespoke Furniture

NEW
2019
TRENDS

100+ ideas for a
breath of fresh
air

Ready for

Revival?

NEW SEASON ESSENTIALS TO MAKE YOUR DREAM
KITCHEN A REALITY!



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LIFESTYLE MAGAZINE - ISSUE 01

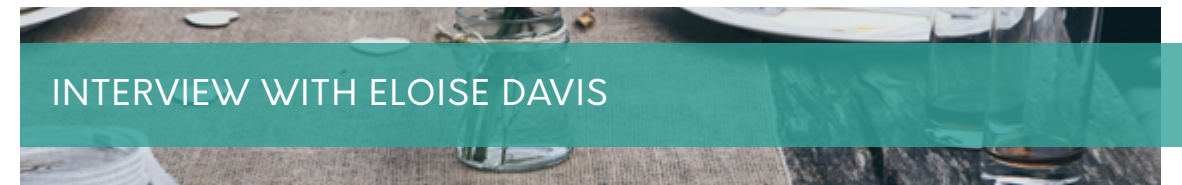


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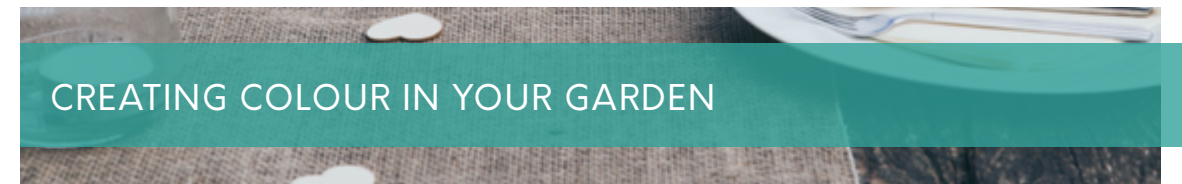
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The art of

LIGHT

LIGHTING IS A CENTRAL ASPECT OF YOUR KITCHEN DESIGN, YOU CAN MANIPULATE YOUR HOME'S ATMOSPHERE JUST BY HOW YOU POSITION THE LIGHTING AND THE KIND OF FIXTURES YOU USE.

Codie Rise & Fall Pendant Light, by Original BTC. Polished aluminium finish with matching ceiling rose.

*Dimensions: Shade - H 180 x Dia 430mm -
Price £260*



Top left: The Butler kitchen pendant has a spun copper shade which has been given a charming heritage finish.

Butler Pendant - Jim Lawrence

Price - £103.00

Dimensions: 24W x 20H x 24D (cm)



Top right: Available in a range of sophisticated finishes including heritage copper, antiqued brass or a wide choice of stylish painted finishes.

Barbican pendant- Jim Lawrence

Price - £72.00

Dimensions: 15W x 20H x 15D (cm)

A classic pendant ceiling light with a nod to retro styling, it would be particularly at home in the kitchen highlighting an island or table.

Exeter Pendant Light - Jim Lawrence

Price - £118.00

Dimensions: 26 x 15H x 26D (cm)



Above: This gold tone pendant light features a striking industrial design that looks great in urban settings.

Gold Metal Pendant Light, £162, Mercana Gaffert



“A GREAT KITCHEN LIGHTING SCHEME HAS THE POWER TO TRANSFORM AN ORDINARY KITCHEN INTO THE TRULY SPECTACULAR”

Above: This attractive pendant light is shaped like a clear glass bottle with a fabric flex. It gives light to the room without restricting sight lines.

Ockley Glass Bottle Ceiling Pendant Light, £100,

Laura Ashley - Above and below





“Comfortable
luxury is the
best way to lift
spirits”

We Love the Industrial chandelier in this beautiful Nordic home. The lighting is a modern version of Mariano Fortuny. This look can easily be achieved by buying various black shades with copper or gold lining.

*Don't fancy creating your own version?
Then take a look at Tom Dixons beat
range, starting at £830 for a trio.*



*Right: A breath of thousands
of bubbles inspired the
collection “Bubbles”, where
metal is liable to turn it into
something soft creating an
idyllic atmosphere..*

*Bubbles Pendant Light
427/5, £999, Luce da Vivere
- IDL brand*



*Above: Complete your industrial-
themed kitchen or dining area with this
Mercana Bashaw II grey metal pendant
light. Price £171 - Mercana Bashaw*

*Right: Why not mix up your lighting
with vintage pendant lamps sourced
from Ebay and antique collectors fairs.*





“Things you should consider when choosing a Kitchen Manufacturer”

When every kitchen company claims to be the ‘best’ provider of ‘luxury’, ‘high-end’, ‘bespoke’ kitchens which do you choose and which one is best for your budget? At The White Kitchen Company we take pride in the furniture we build for you. For us it has to be the very best we can make. We have been designing and building kitchen furniture for more than 30 years and we believe the way we do

things gives our customers the most practical, beautiful and hard wearing furniture possible. We won’t tell you what not to buy, but what we can do is tell you how we build our solid wood kitchens. All our cabinet makers are traditionally bench trained and have hundreds of years of experience between them. But what makes our company so different? In short, the quality and our ethos!

“WHEN EVERY KITCHEN COMPANY CLAIMS TO BE THE ‘BEST’ PROVIDER OF ‘LUXURY’, ‘HIGH-END’, KITCHENS WHICH DO YOU CHOOSE AND WHICH ONE IS BEST FOR YOUR BUDGET? ”

Doors & Frames – Made from European Alder, locally sourced, sustainable, smooth grained hardwood, ideal for painted furniture.

Drawers – Solid oak, dovetailed front and back.

Drawer Runners – Grass Dynapro, fully extending, rated 40kg, liquid soft close dampers – 25 Year Manufacturers Warranty.

Carcasses – Solid oak faced engineered wood. Strong, stable and beautiful.

Hinges – Solid brass traditional butt hinges.

Catches – We use very powerful rare

earth magnets set into the frame and the top and bottom of the doors, the best and neatest system we have found.

Shelves – All shelves are adjustable.

Interiors – The interior of our cabinets and drawers are oak, finished with a hard wearing wipeable lacquer that continues to look beautiful after years of use. No oiling or painting on site required.

Finishes – Choice of exterior finishes; either primed and undercoated ready to paint any colour after fitting; or hand painted in our factory with a very hard wearing specialist paint designed for



kitchens in any colour you choose.

Bespoke or Standard – We have an extensive catalogue of standard sized cabinets (some of which are shown in our on-line shop). However, as all our furniture is made especially for each customer, we can make special sizes, if needed, for a small additional charge.

We also make completely bespoke items of furniture and are happy to quote for individual items or complete projects.

Guarantee – All the furniture we make for you is covered by our lifetime manufacturing guarantee, if it's not right we will make it right, no questions asked.

Transparent – We are transparent and publish our prices on our website.

Precise Quote – We give you an itemised quote, you only pay for what you have.

Fitting – We give you a separate quote for fitting, this gives you the option to sort out your own fitting if required.

Sales – We don't do sales or discounts, our prices are always fair and competitive and everybody pays the same price.

Finishes – Primed and Undercoated ready for your painter. Natural Lacquered Oak or we can hand paint your kitchen for you in our factory in any colour you choose.

Appliances – We can supply appliances or we can install your own.

Design – We only charge a design fee if we visit your home. We design from our office at no charge.

Delivery – Delivery is included in the price to mainland England & Wales. If you require worldwide delivery please contact us for a quote.

“HONEST, OPEN,
TRANSPARENT
WITH A LIFETIME
GUARANTEE,
NO QUESTIONS
ASKED! WE HAVE
BEEN DESIGNING
AND BUILDING
KITCHEN
FURNITURE FOR
MORE THAN 30
YEARS. ”



ROCK REVELATIONS,
SPECIALISTS IN THE FABRICATION
AND INSTALLATION OF EXQUISITE
SURFACING MATERIALS.

Rock Revelations Director – Paul Cunningham, gives us an inside into the world of surface materials, including Granite, Marble and Quartz as well as ultra-compact surfaces such as Dekton, Neolith and Lapitec. With over 15 years' experience, a 15,000 sq ft Fabrication Centre, talented stone masons, skilled in-house fitters and state of the art machinery secures their position as a leading UK and Cosentino Gold Fabricator; their passion for detail, service excellence and outstanding reputation handling the most complex of designs truly sets them apart.

The workhorse of any kitchen. Worktops need to be tough and practical to use, as well as stylish. Choosing a kitchen work surface can be tricky. What you choose is usually be driven by how much you have to spend. Cheaper options can be good idea but may not last as long as more durable stones or composites.



“Which Work Surface? Natural Materials or Synthetic Blends”

There are over 200 different marble colours to choose from ensuring you can have the perfect style and colour for any room in your house



Pietra Grey Marble

From the spectacular veining of marble to the striking luxury of granite. The natural colours and veins give each slab and worktop a unique depth and when expertly vein matched across stunning island surfaces as shown here, the results are simply spectacular.

“MARBLE IS OFTEN
THE CHOICE FOR
BATHROOMS & WORK
SURFACES PROVIDING
A SOPHISTICATED AND
ELEGANT LOOK”

Marble is a non-foliated metamorphic rock composed of re-crystallized carbonate minerals, most commonly calcite or dolomite. It is often the ideal choice for bathrooms floors and vanity tops that provide the sophisticated and elegant look. Its natural colours and veins give each slab and worktop the unique depth that differs from Quartz Worktops. There are over 200 different marble colours to choose from ensuring you can have the perfect style and colour adding elegance and luxury.

Rock Revelations often install Marble for high street retailers giving their floors, restaurant, and bathrooms the elegant and professional look. Their Marble work can be seen in many high street retailers such as Pizza Express, Harrods, Selfridges, Tiffany & Co. and many more.



Caesarstone Noble Grey

With incredible designs inspired by natural materials and poured concretes, Quartz and Engineered Stone is beautifully versatile whilst delivering on hygiene, stain, scratch & heat resistance.



Neolith Iron Copper

Ultra-sophisticated and delivering outstanding performance in the most striking designs. Ultra-compact surfaces are beautifully elegant whilst delivering exceptional heat, impact and water resistance.

Quartz and Scintered Ceramics are an Engineered Stone with Brands such as Silestone and Caesarstone. Quartz is a compound made up of 94% natural quartz, which makes it extraordinarily hard and resilient. Certain ranges are available with anti-bacterial protection, giving it hygienic properties. It is an excellent surface for kitchen worktops, bathrooms, floors and wall cladding using the minimum number of joints. Quartz is ideal for kitchen worktops and bathrooms in a range of attractive colours, extraordinary textures, and top-quality performance. It is also available in tile format. A good balance of price and performance.

Dekton is an ultra-compact surface along with brands such as Neolith and Lapitec. This high-tech, highly durable material was introduced in 2013, and it's slowly been gaining in prominence and popularity ever since. The structure of Dekton Worktops and quality of the surfaces mean it can be installed as kitchen worktops, floor and wall tiles and much more. During its manufacturing stages, the slabs are treated for stain resistant technology, uv protection, water resistance, impact resistance and heat resistance. Dekton is being requested more and more, due to excellent performance and décor choice.



“CHRIS WAS ABLE TO ADVISE ME ON THE KITCHEN LAYOUT. HE HAD SOME GREAT IDEAS WHICH ULTIMATELY MADE THE ABSOLUTE BEST USE OF THE SPACE.”

MY ENGLISH KITCHEN

Eloise Davis

“I INVESTED IN A LARGE WINDOW CEILING LANTERN ABOVE THE DINING TABLE AND IT FLOODS THE ROOM WITH LIGHT”

Can you tell us a little about yourself?

My name is Eloise and I live in Cogenhoe with my 8 year old son. I really enjoy interior design and this has now become quite a passion of mine since undertaking the extension to my home in 2018. I work full time for a large telecommunications company, look after my little man and manage the house... life is pretty hectic!

Tell us about your home.

I purchased the house in August 2014 from a family friend of my fathers. The house was in a state of disrepair and I took the decision to move to my mother's house for 6 months whilst it was gutted, re-wired, plastered and bought back to the 20th century. I was really keen to reintroduce some of the original Victorian features so I had two fireplaces made for both front rooms and had beautiful intricate coving fitted throughout along with ceiling roses. My style is contemporary/period and has a serene feeling with its fresh pastel colours. I still pinch myself most days with how beautiful it now looks.

Why did you decide to re-design your kitchen?

The house had an original 1950's kitchen which was no more than 3 x 3 and was isolated from the rest of the living space. In the original renovation I left the kitchen with the intention that in a couple of years' time I would extend onto the back of the house

with a large kitchen/dining room with an open living plan. I am fortunate enough that the house backs onto rolling countryside so I was keen to open up the kitchen to the garden to lead the inside/outside lifestyle in the spring and summer to really make use of the outdoor space.

How did you come about the design you ended up with?

With lots of debate! I knew the style I wanted and was helped with the more intricate detail by Chris from the White Kitchen Company. Chris was able to advise me on how the kitchen layout should be to make the most of the space. He had some great ideas which have ultimately made the absolute best use of the space.

Did you stay in your home when building works was happening, and what was it like?

Yes, and horrible! I work from home and was keen to be involved as much as possible with the everyday process. As much as I tried to keep the dust and dirt out it was impossible. There were definitely some days when I couldn't wait to see the back end of it and have the house back to normal!

Was it all worth it?

Absolutely! I look back on it with rose tinted glasses now.

How would you describe your kitchens interior design style?

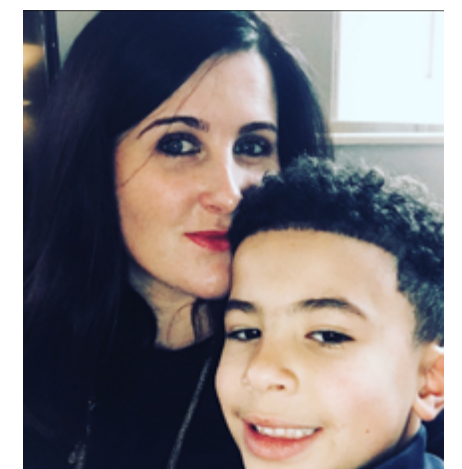
The style of my kitchen is very new England with a soft pastel palette and pops of Farrow and Ball Railings blue which gives a really distinct look.

What was the best buy in your kitchen and why?

Other than the kitchen of course, my stunning brass chandeliers that came from an old hotel renovation in Bournemouth. They are huge and make such a fantastic statement... As soon as I saw them I could envisage how they were going to look. They have surpassed my expectations, I love them!

What features about your kitchen would you recommend to someone to add when redesigning their kitchen?

I invested in a large window ceiling lantern above the dining table and it floods the room with light. I would





“The style of
my kitchen
is very New
England”



definitely really consider how to maximise the outside light as this gives the room such a wonderful feel of openness.

What was the best thing about your kitchen that everyone comments on?

The finish and quality of the kitchen and of course my chandeliers!

Who influenced your style?

No one in particular, just friends and family with beautiful tastes. Just an amalgamation of them all really!

Did you have any other quotes from other kitchen companies?

I didn't actually. I knew exactly what I wanted and I was keen to invest in a beautiful timeless kitchen. As soon as I met with Rima and Chris from the White Kitchen Company I knew that was the look I wanted so didn't look elsewhere.

What item in your kitchen holds the most memories?

Definitely the chandeliers! When I bought them, my son and I took a road trip to Bournemouth for the day in 35°C heat and got stuck in lots of traffic. We were invited for lunch with the chap I purchased them from and ended up having lots of similar interests and stories to share. Other than my son moaning for most of the journey and probably thought his mother was a crazy loon to be carting him down to the coast for some lights, we ended up having a really fun day out together.

What does your son like most about your new kitchen?

Sitting up on the island watching me cook and playing his favourite tunes on the Bose soundlink! He also loves to skid up and down on the polished floor.... Hopefully that won't last long.

What was your journey like with The White Kitchen Company?

I immediately hit it off with Chris and Rima, we had lots of mutual connections and similar things in common. They also made an introduction to my amazing builder who built the extension so I couldn't have been more grateful for that. The project had its challenges particularly with drains in the wrong place, odd pipes and general glitches you get with any build but Chris and Rima made sure that everything was completed to my exacting standards and I couldn't be happier with the finish. Chris and Rima have since joined me for a drinks party and met with my friends and family... it has been a lovely experience, thank you!

Finally what should no kitchen be without?

A wine fridge!

From our research, it's clear there will be an emphasis on wellness and mindfulness in 2019. The 'Scandi Goes Vintage' soft, light tones and subtle layerings of texture, is a palette to ignite the senses and revive a tired spirit. This is a new and exciting trend, is all about mixing it up! – Different textures sat next to each other, contrasting in both

colour and touch. Sleek quartz work surface with integrated solid wood chopping boards, or dark cabinetry against a clean marbled splash-back. Creating a kitchen that is warm and full of character. Farrow and balls new 2019 shade of 'Old School White' is reminiscent of the colour used in old school houses. Its cool undertones give it a modern feel that is pared back and timeless. It's also easy to decorate with existing whites and cool neutrals, which we believe will make it a popular choice.

'OLD SCHOOL WHITE' IS REMINISCENT OF THE COLOUR USED IN OLD SCHOOL HOUSES - PARED BACK AND TIMELESS.

Mix up those metals too with key vintage pieces paired with lots of glass.

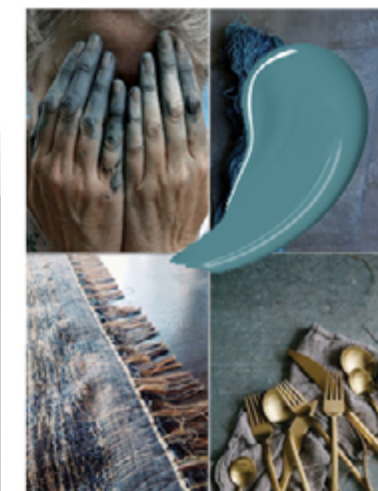
Trends 19

Scandi Goes Vintage



THE WHITE KITCHEN COMPANY

Colour of 2019



THE WHITE KITCHEN COMPANY

The 'new colour of 2019' is a quietly elegant colour which is a down to earth and grounding colour perfect for painted wood cabinets or kitchen islands, it sits equally between the blue, grey and green hues. Farrow and Ball have introduced this new colour called De Nimes. The exact shade comes from a regency palette but is inspired by everyday workwear made in the French city of Nîmes.

Continuing strongly into 2019 is the developing 'Industrial' theme. Some award-winning kitchen designs include at least one dark colour as a strong accent for the colour palette.

What's new is the search of contrast and proximity – darker colours are offset with lighter or brighter colours for kitchen designs and offer visually appealing levels of colour contrast. Ink black Crittall-style

'THE EXACT SHADE COMES FROM A REGENCY PALETTE BUT IS INSPIRED BY EVERYDAY WORK WEAR MADE IN THE FRENCH CITY OF NÎMES'.

glass walls make a huge impact and the combination of robust dark materials and warm wooden structures with a vintage flavour is a winning combination.

Navy is another BIG colour for the coming seasons, classic, classy and moody enough to be perfect for the winter months. Here, it's been teamed with gold and this wallpaper is inspired by sashiko, a form of functional embroidery from Japan that uses geometric stitching to mend areas of worn clothes. Navy works well in a New England style home mixed with brilliant white.



Trends 19

Although we had gold as a trend back in spring/summer, it's still very much here and you're going to see even more of it this season! So how about using it in a different form instead of as an accessory? Top appliance manufacturers are moving away from stainless steel (its officially dated) and creating imaginative alternatives.. It's all about

style, in rich hues, and everything fancy. These finishes instantly take your kitchen up a notch!

**'TOP APPLIANCE
MANUFACTURERS
ARE MOVING AWAY
FROM STAINLESS
STEEL.'**

The 'Modern Neutrals' promotes a strong connection to nature, showcasing a collection of earthy neutrals, rich greens and spicy notes of cinnamon and sienna. The palette aims to inspire personal growth and fresh beginnings. This combination of elements creates a beautiful and simple look with the emphasis on natural looking furniture.





“Why a Garden With Year-Round Interest Can be a Real Bore”

CREATING A WOW! OR *All Year Colour?*

LARGE BI-FOLDING DOORS IN KITCHENS EMPHASISES THE GARDEN - JOANNA BRINKMAN TALKS ABOUT CREATING SEASONAL WOW'S!



All year-round colour, that's what you want in your garden. Or is it? The concept of year-round colour means that at any given moment in your garden, something is either blooming or showing good foliage colour or perhaps it's simply that one of the plants has a long flowering period? Seems like a great idea when you're planning your garden, doesn't it?

Well let's think about it differently. Plants that do the same thing for months on end can sometimes start to lose their appeal and, quite frankly, become a bit boring. Their ability to flower over long periods

means that they add colour but it ceases to catch your eye, because it doesn't look that fresh and has become everyday.

What a gardener really wants in the garden are a few glorious "wow" moments when everything is working harmoniously to create a vivid and colourful picture for a few weeks. So, why not focus on the plants that have a short window of interest but look spectacular in their moment? Also, plants that have a short season often have subtle qualities worthy of notice later in the year.

Peonies are well-known "one-minute wonders"

“Why a Garden With Year-Round Interest Can be a Real Bore”

Another factor to bear in mind when you're planning your garden is when might you be able to sit and enjoy it? There's little point in worrying about the traditional "August Gap" if that's time when you're likely to be away on holiday. Will you be dozing off in a deck chair in July or will you be gazing out from the kitchen window across the winter? Plan for plants to be flowering or changing colour and positioned when and where you will be able to appreciate them most.

For the time pressed, careful research into your shrubs will give you a range of different attributes so there is always something to anticipate. For example, *Cotinus coggyria* Grace has beautiful bronze foliage, followed by an unusual flower and then fabulous autumn colour that looks stunning backlit by low autumn light. It's makes a

“PEONIES ARE WELL-KNOWN ‘ONE-MINUTE WONDERS’ BUT FOR THAT SHORT TIME THEY ARE IN FLOWER THEY ARE TRULY SPECTACULAR ”

wonderful back-drop for herbaceous plants. By contrast, Camellias have beautiful glossy green leaves year round but it's their flowers that make them so desirable. For a few weeks in the late winter and early spring, their colour and form are marvellous even though the wind might still be biting and there could even be snow on the ground.

Evergreen shrubs such as *Euonymus* and *Aucuba* make an effective background to bright seasonal planting but they really don't change deletion throughout the year. So, while you might want something to be low maintenance or offer some screening from the neighbours, use these plants as a canvas and be sure to add lots of colour around them in the form of carefully chosen shrubs and herbaceous perennials to provide the wow factor.

Consider evergreen flowering shrubs too. There are plenty of solid performers, including *Deutzia* or *Choisya*. If you need to make your space work hard, there's nothing easier than adding a succession of bulbs to ensure there will be lots of colour to look forward to. Some shrubs have good architectural appeal even without their leaves. Hydrangeas reward you with flowers but in the winter those bare structural stems with their spent flowers offer up a completely different kind of appeal.

Ultimately, it's all in the careful research and planning but don't shy away from the one-minute wonders and brief but glorious blazes of colour. They give so much pleasure not just in their performance but also in the anticipation. And perhaps they'll surprise you later in the year with other unsung attributes you haven't noticed before?

Article by Joanna Brinkman - Pots of Style

but for that short time they are in flower they are truly spectacular and how we swoon for them. Plus, if you really love your peonies, you can plan a succession of them from mid May through July but don't forget they come into their own again in the autumn when the foliage takes on attractive red tints. Lilies are the same: a very short period of interest but you can plant for succession in a similar way. Some roses only flower once but those blooms and their fragrance are memorable, *Rosa Charles de Mills*, for example, *Tuscany Superb* or *Fantin Latour*.

For a "wow" moment in the winter, you might want to see low sunlight illuminating brightly coloured dogwood stems and witch hazels under-planted with snowdrops, black fronds of lily turf and with spring bulbs quietly waiting to do their thing when the weather warms up. This will definitely catch your eye from the kitchen sink. Planting like this won't add much in the summer other than structure but in its moment, it will really sing.



“Weekend
comfort food to
lift the spirits”

“THESE APPLE
MUFFINS HAVE
BECOME A TRIED
AND TESTED RECIPE
IN OUR HOME WITH
OUR FRIENDS AND
FAMILY.”

Apple & Cinnamon Muffins

Ingredients

- 2 tsp cinnamon or ginger
- 2 small eating apples cored diced
- 100g sultanas
- 2 Tbsp of soft brown sugar
- Vanilla extract 2 drops
- 2 medium eggs
- 125ml vegetable oil
- 250ml semi-skimmed milk
- 175g golden caster sugar or soft light brown
- 400g self-raising flour

Method

1. Heat oven to 200C/180C fan/gas 6. Line 2 muffin trays with paper muffin cases.
2. In a small sauce pan place sultanas and apple table spoon of water, cinnamon/ginger and 1 table spoon of soft brown sugar bring to a simmer about 5 min then leave to cool
3. In a large bowl beat the eggs lightly with a handheld electric mixer for 1 min or low setting on a standard planet mixer. Add the oil and milk /yoghurt and beat until just combined then add the sugar and whisk

until you have a smooth batter. Sift in the flour and salt (and baking powder if using) then mix until just smooth. Be careful not to over-mix the batter as this will make the muffins tough. Stir in apple and dried fruit mix

Fill muffin cases two-thirds full and bake for 20-25 mins, Little longer if ex large until risen, firm to the touch and a skewer inserted in the middle comes out clean. If the trays will not fit on 1if small-2if xl shelf, swap the shelves around after 15 mins of cooking. Leave the muffins in the tin to cool for a few mins and transfer to a wire rack to cool completely.



“Eye Issues With Modern Diets”

The retina is considered one of the highest oxygen-consuming tissues of the body, exceeding even that of the brain. This energy demand is due to it constantly functioning and reacting to light. To function optimally it requires a good source of anti-oxidants and inflammatories.

Age-related macular degeneration is increasingly common and many of us may know someone who suffers with either AMD or Dry Eye Disease. Latest information is showing the importance of diet in the management of dry eye (particularly evaporative dry eye).

An issue with ‘modern diets’, is that we are not getting the correct ratio of Omega 3: Omega 6 fatty acids. This means that we getting more ‘pro-inflammatory’ than ‘anti-inflammatory’ and this is leading to further problems, not just in the eye but throughout the body.

Ideally we should be aiming for 4 Omega 3: 1 Omega 6 or better. Unfortunately, the body cannot synthesize all the elements required for optimal function and these must be ingested.

Anti-oxidants food sources;

Leafy green vegetables (kale, spinach), Coloured fruits and vegetables (peppers, perries), Beans, Beets, Dark chocolate.

Omega 3 food sources:

Oily fish (salmon, mackerel, tuna), Nuts (walnuts), Seeds (flax seed), Sprouts, Tofu.

We are learning more and more about the importance of a balanced and healthy diet for the whole body and its role in relation to specific organs. **Tompkins, Knight and Son Optometrists is based**

“WE ALL KNOW A ‘BAD DIET’ IS NOT GOOD FOR YOUR GENERAL HEALTH, BUT HOW MANY PEOPLE ARE REALLY AWARE OF THE IMPORTANCE OF A ‘GOOD DIET’ TO EYE HEALTH AND OCULAR FUNCTION?”

in Kingsley Road, and has been practising in Northampton for more than 150 years.



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